

THE ELBOW STIFFNESS
FIRST MODENA REHABILITATION ELBOW COURSE - SIDE EVENT
MODENA - VERONA DECEMBER 13TH - 14TH 2019

REGISTRATION FORM IS AVAILABLE ON OUR WEBSITE
WWW.ICLO.EU

REGISTRATION FEE DECEMBER 13th Modena
MORNING SESSION
(PHIOTHERAPISTS ONLY)
FREE

FREE REGISTRATION INCLUDES
 CATERING SERVICES DURING THE COURSE
 ATTENDANCE CERTIFICATE
 ITALIAN CME CREDITS (ENTITLED PARTICIPANTS ONLY)

REGISTRATION FEE DECEMBER 13th Modena
AFTERNOON SESSION
PHYSIOTHERAPIST - 35,00 € VAT INCLUDED
ORTHOPEDIC - 35,00 € VAT INCLUDED
ESSKA-ISAKOS-SIGASCOT MEMBERS - 25,00 € VAT INCLUDED

FEE INCLUDES
 CATERING SERVICES DURING THE COURSE
 ATTENDANCE CERTIFICATE
 ITALIAN CME CREDITS (ENTITLED PARTICIPANTS ONLY)

REGISTRATION FEE DECEMBER 13th -14th Modena - Verona
(CONGRESS + HANDS ON COURSE)
1.350,00 € VAT INCLUDED
ESSKA-ISAKOS-SIGASCOT MEMBERS - 1.200,00 € VAT INCLUDED

FEE INCLUDES
 Nr. 1 NIGHT in HOTEL**** in MODENA (INCLUDING BREAKFAST)
 Nr. 1 DINNER
 CATERING SERVICES DURING THE COURSE
 SURGICAL MATERIAL
 NR. 1 SPECIMEN
 (every two attendees)
 ATTENDANCE CERTIFICATE
 INSURANCE
 ITALIAN CME CREDITS (ENTITLED PARTICIPANTS ONLY 13th DECEMBER)

ENROLLMENT IS LIMITED

UNDER THE PATRONAGE OF



UNDER THE UNCONDITIONAL SUPPORT OF

CLINIKA

CONGRESS VENUE - COURSE DECEMBER 13TH
 Hesperia Hospital Via Arquà 80/A
 Modena, 41125, Italy



CONGRESS VENUE - COURSE DECEMBER 14TH
 ICLO Teaching and Research Center
 Via Evangelista Torricelli 15/A - 37135 Verona



ORGANIZING SECRETARIAT AND CME PROVIDER

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 Fax. +39 0575 1948500
 info@iclo.eu - www.iclo.eu

ITALIAN CME CREDITS
MATTINA DEL 13/12

COD. EVENTO: 5924-281275 ED. 1 - NUMERO CREDITI: 3
OBIETTIVO: DOCUMENTAZIONE CLINICA. PERCORSI CLINICO-ASSISTENZIALI DIAGNOSTICI E RIABILITATIVI, PROFILI DI ASSISTENZA - PROFILI DI CURA (3)
ACCREDITATO PER FISIOTERAPISTI, TECNICI ORTOPEDICI
POMERIGGIO 14/12

COD. EVENTO: 5924-281291 ED. 1 - NUMERO CREDITI: 5
OBIETTIVO: DOCUMENTAZIONE CLINICA. PERCORSI CLINICO-ASSISTENZIALI DIAGNOSTICI E RIABILITATIVI, PROFILI DI ASSISTENZA - PROFILI DI CURA (3)
ACCREDITATO PER FISIOTERAPISTI, TECNICI ORTOPEDICI, MEDICO CHIRURGO (ORTOPEDIA E TRAUMATOLOGIA, MEDICINA FISICA E RIABILITAZIONE, MEDICINA DELLO SPORT, REUMATOLOGIA)

THE ELBOW STIFFNESS
FIRST MODENA REHABILITATION ELBOW COURSE - SIDE EVENT

MODENA - VERONA
DECEMBER 13TH - 14TH 2019



Course Directors

Luigi Adriano Pederzini

Andrea Celli

Special Guest

Lars Adolfsson

Linköping University
 Sweden



ITALIAN CME CREDITS - COURSE 13TH DECEMBER ONLY



THE ELBOW STIFFNESS

DECEMBER 13TH - 14TH 2019 - PRELIMINARY PROGRAM

First Modena Rehabilitation Elbow Course - Side event
Modena, Friday, December 13, 2019

FOR PHYSIOTHERAPISTS ONLY

08.30-09.00	am	Registration
09.00-09.15	am	Welcome - Introduction Moderators: A. Celli, L. A. Pederzini
09.15-09.30	am	Functional anatomy of the elbow - A. Celli
09.30-09.40	am	The classification of the stiff elbow - L. A. Pederzini
09.40-09.55	am	Therapeutic decisions in the stiff elbow - E. Guerra
09.55-10.10	am	DISCUSSION
10.10-10.25	am	Coffee break - Q & A Opportunity Moderators: F. Zuffa, I. Barberio, M. Tosi
10.25-10.35	am	Manipulation under anesthesia - A. Celli
10.35-10.50	am	The rehabilitation program: when, how and why G. Severini
10.50-11.00	am	How to increase patient's compliance in the rehabilitation program - E. Lauri, S. Mormile
11.00-11.30	am	DISCUSSION
11.30- 11.45	am	Lecture: My strategy in the treatment of the stiff elbow - L. Adolfsson, H. Björnsson
11.45-12.00	am	Final discussion, conclusions and CME Evaluation Test

The Elbow Stiffness
Modena, Friday, December 13, 2019

FOR PHYSIOTHERAPISTS AND ORTHOPEDICS

11.30-12.30	pm	Registration & Light Lunch
12.30-12.50	pm	Welcome - Introduction

ANATOMY & BIOLOGY OF STIFF ELBOW

Moderators: A. Celli, L. A. Pederzini, V. Duca		
12.50- 01.05	pm	Biology of joint contracture - L. Adolfsson, H. Björnsson
01.05- 01.20	pm	Anatomical and biomechanical aspects of stiff elbow - A. Celli, L. A. Pederzini
01.20-01.30	pm	DISCUSSION

CLASSIFICATION & ASSESSMENTS OF STIFF ELBOW

Moderators: P. Arrigoni, E. Guerra, P. Pisi		
01.30-01.40	pm	Classification - A. Marinelli
01.40-01.50	pm	Imaging assessments - V. Spina
01.50-02.00	pm	Clinical assessments - A. Colozza
02.00-02.05	pm	New trend in diagnostic assessment - A. Celli
02.05-02.20	pm	DISCUSSION
02.20-02.40	pm	FOCUS - L. De Pietri, M. Plati

SURGICAL TREATMENTS

Moderators: L. Celli, S. Odella, M. Prandini		
02.40-02.55	pm	Lecture: Indication and contro-indication to the surgical treatment - L. Adolfsson, H. Björnsson
02.55-03.10	pm	Arthroscopic procedure in stiff elbow - L. A. Pederzini
03.10-03.20	pm	Review of the literature - A. Cheli, M. Peruzzi
03.20-03.35	pm	Open procedure in stiff elbow - R. Rotini
03.35-03.45	pm	Review of the literature - C. Paroni
03.45-04.00	pm	Debridement arthroplasty with or without interposition arthroplasty: are the best choice? - S. Nicoletti, P. Arrigoni
04.00-04.15	pm	Endo and total elbow replacement: when are they justified? - A. Celli
04.15-04.30	pm	DISCUSSION
04.30-04.50	pm	Coffee break - Q & A Opportunity

FOCUS ON REHABILITATION & MEDICAL THERAPY

Moderators: A. Celli, L. A. Pederzini, R. Rotini		
04.50-05.00	pm	Role of Heterotopic Ossification - M. Bartoli, F. Serafini
05.00-05.15	pm	Treatment of the Heterotopic Ossification L. Adolfsson, H. Björnsson
05.15-05.25	pm	Medical Therapy: Helps prevent stiffness (multicentric study) - A. Cheli, F. Nicoletta, C. Paroni
05.25-05.40	pm	Principles of the rehabilitation - G. Severini
05.40-06.00	pm	DISCUSSION
06.00 pm		CONCLUSIONS and CME Evaluation Test

Hands-On Verona, Saturday, December 14, 2019

09.00-09.30	am	Cases presentation from the audience
09.30-10.15	am	Live cadaver surgeries: my open surgical approach to stiff elbow from - L. Adolfsson, H. Björnsson
10.15-10.30	am	Questions & answers
10.30-01.30	pm	Hands-on Open surgical steps: from basic to advance • Lateral approach • Medial approach and ulnar nerve exposure • Posterior approach • Capsulectomies and bone remodeling • Radial head prosthesis • Ligaments reconstruction • Anterior approach and nerve exposures
01.30-02.30	pm	Light Lunch
02.30-04.30	pm	Hands-on Final certification on personal training



• FACULTY - TUTORS •

COURSE DIRECTORS

LUIGI ADRIANO PEDERZINI - ANDREA CELLI

SPECIAL GUEST

LARS ADOLFSSON - LINKÖPING UNIVERSITY - SWEDEN

FACULTY - TUTORS

ADOLFSSON LARS, SWEDEN
ARRIGONI PAOLO, MILANO
BJÖRNSSON HANNA, SWEDEN
BARBERIO ISACCO, SASSUOLO
BARTOLI MATTEO, SASSUOLO
CELLI ANDREA, MODENA
CELLI LUIGI MODENA
CHELI ANDREA, SASSUOLO
COLOZZA ALESSANDRA, FAENZA
DE PIETRI LESLEY, SASSUOLO
DUCA VITO, SASSUOLO
GUERRA ENRICO, BOLOGNA
LAURI ERICA, SASSUOLO
MARINELLI ALESSANDRO, BOLOGNA
MORMILE STEFANO, SASSUOLO
NICOLETTA FABIO, SASSUOLO
NICOLETTI SIMONE, PISTOIA
ODELLA SIMONETTA, MILANO
PARONI CHIARA, MODENA
PEDERZINI LUIGI ADRIANO, SASSUOLO
PERUZZI MARCO, SASSUOLO
PISI PAOLO, MODENA
PLATI MASSIMO, MODENA
PRANDINI MAURO, SASSUOLO
ROTINI ROBERTO, BOLOGNA
SERAFINI FABIO, SASSUOLO
SEVERINI GABRIELE, ROMA
SPINA VINCENZO, MODENA
TOSI MASSIMO, SASSUOLO
ZUFFA FLAVIA, MODENA