

THE 12 MOST FREQUENT PROCEDURES IN SURGERY IN HAND SURGERY: MODERN SURGICAL TECHNIQUES

Verona, November 20 - 22, 2025

REGISTRATION FORM IS AVAILABLE ON OUR WEBSITE
WWW.ICLO.EU

REGISTRATION FEE
1,350€ VAT INCLUDED

REGISTRATION FEE INCLUDES
CATERING SERVICES DURING THE COURSE
DIDACTIC MATERIAL
N.1 ANATOMICAL SPECIMEN EVERY 2 PARTICIPANTS
ECM CREDITS (TO THOSE ENTITLED)
DINNER ON NOVEMBER 21ST

HOW TO REACH THE CONGRESS VENUE
THE COURSE WILL BE HELD AT THE ICLO TEACHING AND RESEARCH CENTRE IN VERONA
(VIA EVANGELISTA TORRICELLI 15/A)

SCAN QR CODE TO GET THE NAVIGATOR



I | C | L | O

EVOLVING SURGERY, APPLIED.

COURSE VENUE
ICLO Teaching and Research Center
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ITALIAN CME CREDITS

RIF. CME N. 6976- 461716 ED.1
CREDITS NR. 25,4

PROFESSION
SURGEON

DISCIPLINES
NEUROSURGERY, NEUROLOGY, ORTHOPEDICS AND TRAUMATOLOGY, PHYSICAL MEDICINE AND REHABILITATION, PLASTIC SURGERY, REUMATOLOGY SPORT MEDICINE

LEARNING OBJECTIVE
GUIDELINES - PROTOCOLS - PROCEDURES (2)

UNDER THE PATRONAGE OF



ICLO FOUNDATION ETS

THE 12 MOST FREQUENT PROCEDURES IN HAND SURGERY: MODERN SURGICAL TECHNIQUES FROM THEORY TO PRACTICE DISCUSSION AMONG EXPERTS

Verona, November 20 - 22, 2025
ICLO TEACHING AND RESEARCH CENTER

SCIENTIFIC DIRECTOR
PIERLUIGI TOS

ITALIAN CME CREDITS



THE 12 MOST FREQUENT PROCEDURES IN HAND SURGERY: MODERN SURGICAL TECHNIQUES FROM THEORY TO PRACTICE - DISCUSSION AMONG EXPERTS

Verona, ICLO - November 20-22, 2025

AIM OF THE COURSE

The course aims to teach the 12 most frequent procedures in hand surgery by comparing the different methods of highly experienced surgeons.

The course is aimed at hand, orthopaedic and plastic surgeons who want to try their hand in all common hand surgery procedures. This is a basic practical course to involve surgeons to hand surgery or to deepen principles of techniques.

The faculty of international FESSH experts will discuss the rationale behind each surgical technique, showing the tricks and tips to avoid complications and achieve the best possible result. Following the discussion of each technique there will be a practical part.

Before the Course, participants will be asked which techniques they would like to try out and see, and the Course will be guided for the different levels of depth and experience of the participant. At the end of the Course, all the basic knowledge will be acquired in order to be able to give patients a modern treatment and an effective approach to the most frequent pathologies that hand surgeons have to deal with in their daily lives.

Each board member will show what 'his' tricks are for avoiding problems and having the best result. The techniques on the cadaver are chosen in advance by each member with a doodle-like questionnaire. The interventions are shown through films or presentations and are immediately replicated on the anatomical preparations. Two days of intense work that will grow overall.

SCIENTIFIC PROGRAM

Thursday, November 20th

- 13:00** Registration
- 13:30** Course Introduction - *P. Tos*
- 13:40** Carpal tunnel syndrome: endoscopic, open, miniopen, US How I do it - *J. Hobby, A. Lazzerini, N. Felici, C. Parolo, A. Poggetti, F. Da Rin*
- 14:05** Flexor tendon repair - 4 and 6 strands techniques in zone 2 (Adelaide, Lim-Tsai, Tang) in zone 2 - Pulvertaft - *P. Tos*
- 14:35** Trigger finger: which incision and how to cut the pulley - *C. Fulchignoni, B. van der Heijden*
- 15:10** Coffee break
- 15:30** Cadaver lab activity - *All faculty*
Trigger finger, flexor tendon suture in different zone, carpal canal opening (different techniques)
- 18:40** End of the first day of work

Friday, November 21st

- 08:30** Ulnar nerve neurolysis - in situ / transposition / King Morgan epicondilectomy - *B. Battiston, I. Marcocco, F. Da Rin, J. Hobby*
- 08:50** De Quervain's disease - how to avoid complications in opening the 1st extensor compartment - *M. Corain, B. van der Heijden*

- 09:10** Extensor tendon repair: a suture technique for each zone - how to avoid complications in subcutaneous injuries – surgery for open lesions
P. Czarnecki, A. Lluch, P. Tos
- 09:30** Coffee break
- 10:00** Cadaver lab activity - *All Faculty*
Neurolysis/transposition ulnar nerve, opening I extensor compartment, extensor tendon suture in different zones, EPI pro ELP, Ishiguro techniques
- 13:00** Light Lunch
- 14:00** Open repair of the triangular fibrocartilage complex, 3 different access
E. Carità, F. Da Rin, A. Lluch
- 14:20** Volar and dorsal approach to the wrist for distal radius fracture
A. Lazzerini, B. Battiston, J. Hobby, S. Odella
- 14:40** Scaphoid fracture and pseudoarthrosis - how to take the graft from the radius - how to insert the screw, plates as and when
A. Lluch, B. Battiston, E. Carità, S. Odella
- 15:10** Coffee break
- 15:40** Cadaver lab activity - Access for the volar and dorsal scaphoid, harvesting of bone from the radius, approach to TM joint, access to TFCC open volar and dorsal access to wrist - *All faculty*
- 18:40** End of the second working day

Saturday, November 22nd

- 08:30** Trapeziectomy, stabilization, prosthesis, in trapeziometacarpal arthropathy - *B. Van Der Heijden, P. Tos, E. Carità, N. Felici*
- 09:10** Metacarpal and phalangeal fractures - endomedullary wires and screws, plate accesses (dorsal and lateral access, volar access to base of P2 – Suzuki frame) - *A. Poggetti, B. Battiston, A. Lazzerini, S. Odella*
- 09:40** How to terminalize a finger - what mistakes should not be made - most frequently used omodigital advancement flaps - *N. Felici, B. Battiston, P. Tos*
- 10:00** How to know on Dupuytren disease - principles - *J. Hobby*
- 10:10** Coffee break
- 10:30** Cadaver lab activity - *All faculty*
Endomedullary screws, endomedullary and crossed wires, V-Y flap, (the flaps are chosen by the participants accordingly with the experience)
- 13:00** CME evaluation test
- 13:30** Closing of the Course

SCIENTIFIC DIRECTOR

PIERLUIGI TOS

HEAD HAND SURGERY AND RECONSTRUCTIVE MICROSURGERY DEPARTMENT
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