

SUPER ELBOW COURSE

Verona, SEPTEMBER 29 - OCTOBER 1, 2019

OFFICIAL LANGUAGE ENGLISH

REGISTRATION FORM IS AVAILABLE ON OUR WEBSITE
WWW.ICLO.EU

REGISTRATION FEE
€1.647,00 VAT INCLUDED

FEE INCLUDES
EDUCATIONAL MATERIAL
HOTEL 4**** FOR 2 NIGHTS (INCLUDING BREAKFAST)
2 DINNERS
CATERING SERVICES DURING THE COURSE
TRANSFER SERVICES FROM/TO HOTEL/ICLO CENTER
ATTENDANCE CERTIFICATE

HOW TO REACH THE CONGRESS VENUE

The course will be held at
ICLO Teaching and Research Center San Francesco di Sales
Via E. Torricelli, 15/a - 37135 Verona

BY CAR

From the Motorway take the Verona Sud exit and follow the direction for Via Flavio Gioia, keep right, turn slightly left and take Via Delle Nazioni. Turn left in Via Torricelli.

FROM THE TRAIN STATION

It takes 10 minutes by taxi (045 532666) or 18 minutes by bus, taking the n. 61 from Alpo-Via Don Melotti (tickets and information Azienda Trasporti Verona Srl - 045 805 7922)

FROM VALERIO CATULLO AIRPORT IN VERONA

Proceed in direction South, take the Tangenziale Sud and take the exit 6-Alpo, turn left in Strada dell'Alpo in direction Verona center, after about 2 km turn right in Via Torricelli.

QR POSITION



SCAN WITH YOUR PHONE QR CODE TO GET THE NAVIGATOR

FACULTY

PAOLO ARRIGONI
RAUL BARCO
ALESSANDRA COLOZZA
DAVIDE CUCCHI
ENRICO GUERRA
ANTTI LAUNONEN
ANDREAS LENICH
HUBERT LENOIR
FRANCESCO LUCERI
LUIGI ADRIANO PEDERZINI
JOIDEEP PHADNIS
CLAUDIO ROSSO
HAKAN TURAN ÇIFT
MICHEL VAN DE BEKEROM
ADAM WATTS
KILIAN WEGMANN

WITH THE UNCONDITIONAL SUPPORT OF

stryker[®]

COURSE VENUE

ICLO Teaching and Research Center
San Francesco di Sales
Via E. Torricelli, 15/a - 37135 Verona

ORGANIZING SECRETARIAT

ICLO Arezzo srl
Ph. +39 0575 1948501
Fax. +39 0575 1948500
info@iclo.eu - www.iclo.eu

UNDER THE AUSPICES OF



SECOND EDITION

SUPER
ELBOW
COURSE

SEPTEMBER 29 - OCTOBER 1, 2019

VERONA, VENETO
ICLO TEACHING AND RESEARCH CENTER

SCIENTIFIC PROGRAM

COURSE LANGUAGE

ENGLISH

COURSE PRESIDENT
Paolo Arrigoni

COURSE DIRECTOR
Kilian Wegmann

SCIENTIFIC PROGRAM

SELECTED COURSE

SECOND EDITION
 SEPTEMBER 29 - OCTOBER 1, 2019
 VERONA, ICLO TEACHING AND RESEARCH CENTER

Coronoid - A. Watts 01.30 pm - 01.37 pm 01.37 pm - 01.44 pm 01.44 pm - 01.51 pm	Results in coronoid ARIF - <i>E. Guerra</i> When/What/How to address in a Terrible Triad - <i>J. Phandis</i> Coronoid Grafting for chronic instability - <i>L. A. Pederzini</i>
Radial Head (literature corner) - A. Watts 01.51 pm - 01.58 pm 01.58 pm - 02.05 pm 02.05 pm - 02.12 pm	Plates vs screw - <i>E. Guerra</i> Unipolar vs Bipolar - <i>M. van de Bekerom</i> Unipolar vs Spacer - <i>R. Barco</i>
Olecranon - A. Watts 02.12 pm - 02.19 pm 02.19 pm - 02.26 pm	Tension band - <i>J. Phandis</i> Technique and results of modern plating system - <i>K. Wegmann</i> Transolecranon fractures - <i>R. Barco</i>
02.26 pm - 02.33 pm	
Distal humerus - K. Wegmann 02.33 pm - 02.40 pm 02.40 pm - 02.47 pm 02.47 pm - 02.54 pm	Deciding the approach - <i>E. Guerra</i> Double plating - <i>A. Launonen</i> Do and don't with ulnar nerve and plates - <i>M. van de Bekerom</i> Coffee break
02.54 pm - 03.30 pm	
03.30 pm - 05.00 pm	LAB
	- Approaches (Medial Side) - Coronoid fixation (plating) - MCL reconstruction - Approaches (Lateral Side) - Radial Head Replacement - LCL reconstruction - Biceps reinsertion – single/double incision - Nerve release - PIN release – anatomic dissection
05.00 pm - 06.00 pm	Ask the Panel - Round Table

SUNDAY, SEPTEMBER 29

11.30 am - 12.00 pm	Registration and Welcome lunch
12.30 pm - 01.00 pm	Introduction
Clinical assessment: all you need to know! - <i>K. Wegmann</i> 01.00 pm - 01.07 pm	Clinical examination for an unstable elbow What not to miss - <i>C. Rosso</i>
01.07 pm - 01.14 pm 01.14 pm - 01.21 pm	Imaging: Which ones do I really need - <i>J. Phandis</i> Role of ultrasound in understanding the elbow - <i>A. Lenich</i>
01.21 pm - 01.28 pm	Discussion
Intrarticular Pathology and Arthroscopy (Part 1) - <i>A. Lenich</i> 01.28 pm - 01.35 pm	Positioning, portals and how to get started - <i>H. Turan Çift</i>
01.35 pm - 01.42 pm	It's normal or not? Normal and abnormal Intrarticular anatomy - <i>R. Barco</i>
01.42 pm - 01.49 pm	10 Tips and tricks (70° scope, retractors...etc) - <i>P. Arrigoni</i>
01.49 pm - 01.56 pm	Fireside discussion
01.56 pm - 02.03 pm	Short video techniques RELIVE (Part 2) M. van de Bekerom
02.03 pm - 02.10 pm 02.10 pm - 02.17 pm 02.17 pm - 02.24 pm	Plications of R-LCL / U-LCL - <i>E. Guerra</i> Coronoid ARIF - <i>A. Colozza</i> Arthroscopy Stiff elbow and Technique of Osteocapsular Arthroplasty - <i>J. Phandis</i>
02.24 pm - 03.00 pm 03.00 pm - 05.00 pm	Coffee break Arthroscopic LAB 1 - Step by step 1) Create a space and get started 2) Remove M-Mouse ears 3) Expose the medial Gutter 4) Expose the lateral Gutter 5) Get established and create a space 6) Coronoid and coronoid fossa work 7) Get the loose body
05.00 pm - 05.30 pm	Discussion

MONDAY, SEPTEMBER 30

Simple and not so simple instability - <i>L. A. Pederzini</i>	
08.30 am - 08.37 am 08.37 am - 08.44 am	Simple dislocation: the PRLI model - <i>H. Turan Çift</i> Small minor Coronoid fracture + dislocation - The Manchester experience - <i>A. Watts</i>
08.44 am - 08.51 am 08.51 am - 08.58 am	If and when to do surgery on simple (or almost simple) Dislocations? - <i>M. van de Bekerom</i> Discussion

Rare patterns... but not so much... - *P. Arrigoni*

08.58 am - 09.05 am 09.05 am - 09.12 am	Medial coronoid fractures and PMI - <i>A. Lenich</i> Lateral coronoid fractures and annular ligavulsion - The Cologne Experience - <i>K. Wegmann</i>
09.12 am - 09.19 am 09.19 am - 09.26 am	Role of laxity in instability - <i>H. Lenoir</i> Discussion
Medial Instability and Medial chronic pain - <i>R. Barco</i> 09.26 am - 09.33 am	Role of US and imaging from medial sided pain to the thrower's elbow - <i>A. Lenich</i>
09.33 am - 09.40 am 09.40 am - 09.47 am	Medial collateral ligament humeral plication - <i>F. Luceri, D. Cucchi</i> Medial collateral ligament reconstruction/Tommy Jones procedure - <i>C. Rosso</i>
Lateral Instability and lateral chronic pain - <i>A. Colozza</i> 09.47 am - 09.54 am 09.54 am - 10.01 am 10.01 am - 10.08 am	Panner disease and capitellar OCD - <i>L. A. Pederzini</i> Arthroscopic ECRB releases - <i>H. Lenoir</i> Minor symptomatic instability of the lateral elbow (SMILE) - <i>P. Arrigoni</i> Lateral collateral ligament reconstruction - <i>J. Phandis</i>
10.08 am - 10.15 am	Axial forearm Instability - <i>M. van de Bekerom</i>
10.15 am - 10.22 am 10.22 am - 10.29 am 10.29 am - 10.36 am	What is it and how to understand/diagnose it - <i>M. van de Bekerom</i> How to evaluate and manage in acute conditions - <i>A. Colozza</i> How to decide and manage in chronic conditions - <i>A. Watts</i>
Biceps - <i>J. Phandis</i> 10.36 am - 10.43 am	Decision making - when to operate or not? - <i>J. Phandis</i>
10.43 am - 10.50 am 10.50 am - 10.57 am	Pro and cons on single / double incision - <i>A. Lenich</i> Chronic retracted tears - <i>H. Lenoir</i>
Short video techniques - <i>H. Lenoir</i> 10.57 am - 11.04 am 11.04 am - 11.11 am 11.11 am - 11.18 am 11.18 am - 11.30 am 11.30 am - 12.30 pm	Anterior approach - Button - <i>A. Watts</i> Anterior approach - Intracortical button - <i>K. Wegmann</i> 2 incisions - <i>R. Barco</i> Coffee Break Arthroscopic LAB 2
Posterior Work - step by step 1) Radial Head fixation 2) U-LCL / R-LCL / MCL / Plication 3) Coronoid ARIF 4) Radial Head Arthroscopic Removal Lunch 12.30 pm - 01.30 pm	

TUESDAY, OCTOBER 1

The stiff elbow - <i>P. Arrigoni</i>	
08.30 am - 08.40 am 08.40 am - 08.50 am 08.50 am - 09.00 am 09.00 am - 09.15 am	Conservative treatment plays a role - <i>H. Turan Çift</i> Progressive releases in open surgery, step by step - <i>A. Watts</i> Stiffness in rotation - <i>K. Wegmann</i> Rehabilitation and HO - Round table Moderator: <i>P. Arrigoni</i>
09.15 am - 09.30 am 09.30 am - 09.45 am 09.45 am - 10.00 am	Fast and furious vs Slow and Yoga rehab - my approach - <i>A. Watts, J. Phandis, A. Lenich</i> Round table - Moderator: <i>J. Phandis</i> HO - prevent them, remove them soon, wait and see - <i>A. Watts, K. Wegmann, R. Barco</i>
Triceps and ulnar nerve - <i>J. Phandis</i>	
10.00 am - 10.10 am 10.10 am - 10.20 am 10.20 am - 10.30 am 10.30 am - 11.00 am	Ulnar neuropathy (without snapping) - when to operate? - <i>H. Turan Çift</i> Snapping triceps and ulnar nerve - when and how to do - <i>E. Guerra</i> Triceps ruptures - <i>M. van de Bekerom</i>
LAB	
	- Radial head replacement, - Ulnar nerve management - Dissection
11.00 am - 12.00 pm 12.00 pm	Ask the Panel - Round Table Course Closure